

BBM Guide to Digitals on a Budget

Hi, I'm Marie, Model Industry Expert, former fashion model, and the founder of Boss Babe Models. I teach young boss babes how to become professional models and influencers using their unique talents, brand, and inner confidence.

I do this by sharing over 38 years of experience working with top international modeling agencies.

My coaching sessions teach aspiring models, just like you, how to be scouted by top agencies and clients. Together we build your specific career while being true to yourself and maintaining your purpose and dignity.

Throughout my extensive career I've scouted, developed, and placed hundreds of models with prestigious agencies. My crafted courses are filled with insights on how you can create a global modeling career while staying happy, healthy, and confident. You can do this!

XOXO,

Marie P. aphderson



DO YOUR RESEARCH

Make sure you do your research before submitting ANY photos anywhere. Whether it'd be through submitting on a company's website, email, or even DM's, check the agency's credibility.

Social media can often be misleading. The reality is that there are sex traffickers that use social media as a lure into modeling. They impersonate other professionals and can often hack accounts.

Before you submit read all about them, ask family, friends, and/or other professionals to ensure they are safe.





What exactly are digitals?

Digitals were once called "Polaroids" and some professionals still use that term. They are simple images shot of the model in natural light, to best reflect their authentic being. Ideally, digitals are against a plain, solid white background with nothing else within the frame of the photo. The model should be wearing no makeup and not have overstyled hair.

No photoshopping or Snapchat filters.



Why are they used?

Digitals are used for aspiring models to submit their photos online to agencies and for their social media. Also, they are used in models agency portfolios so that the other interested agencies and clients can truly see what that model looks like in their natural state.



How important are digitals?

Digitals are imperative for a model's career in this era.

Agencies and clients truly do want to see the model in their natural state - with no photoshopping, no overdone makeup or creative hair styles, or over accessorized looks and no Snapchat filters. They want to see your face as a blank canvas.

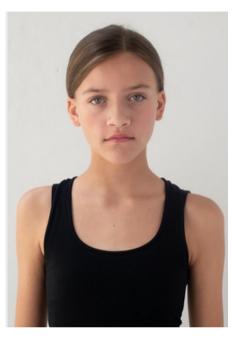


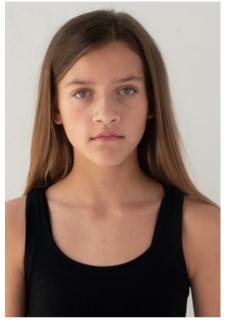
HEADSHOTS,
3 QUARTER PHOTOS,
AND FULL LENGTH

FLATTERING, NATURAL, BRIGHT LIGHTING

> CLEAN HAIR

HAIR UP & DOWN









NATURAL SKIN

"Should I Smile?"
We recommend looking at the agency's requirements!

PROFILE SHOTS



HEADSHOTS, 3 QUARTER PHOTOS, AND FULL LENGTH

SKINNY JEANS & AND A SOLID COLORED TOP

COMFORTABLE NATURAL POSE

CLASSIC SOLID BLACK/NUDE HEELS





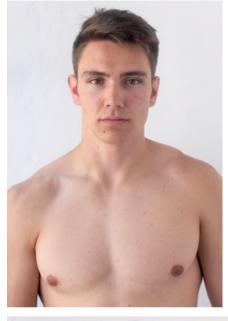
FRESH NEUTRAL NAILS

> SOLID BLACK BIKINI



HEADSHOTS,
3 QUARTER PHOTOS,
AND FULL LENGTH

FLATTERING, NATURAL, BRIGHT LIGHTING





NATURAL SKIN

CLEAN HAIR

HAIR NOT TOO STYLED

PROFILE SHOTS





"Should I Smile?"
We recommend looking at the agency's requirements!

GIVE A BIT OF MOVEMENT



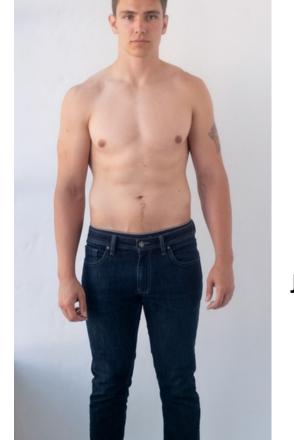
HEADSHOTS, 3 QUARTER PHOTOS, AND FULL LENGTH

COMFORTABLE NATURAL POSE

DARK UNDERWEAR WITH NO SHIRT

BAREFOOT





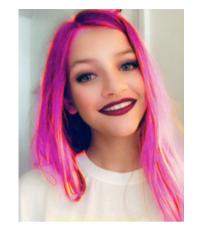
FRESH NEUTRAL NAILS

JEANS WITH NO SHIRT
OR
A WELL-FITTED SOLID
COLORED SHIRT











USING FILTERS

AWKWARD POSING & BAD LIGHTING

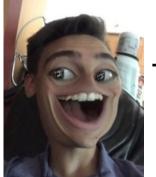




TRYING TO "MODEL"







TRYING TO "MODEL"















LET'S TAKE IT TO THE NEXT LEVEL

You're probably thinking, what are the next steps? Well...

You are in possession of a guide that can get you massive results when implemented correctly. But, unless you truly understand what each of the steps means and how to implement them, it'll only remain a simple guide that sits on your computer.

It is like having the keys to a gorgeous car, but not knowing how to drive it.

So, if you'd like to use these steps to their full potential, you can sign up for a 1x1 session with Marie!

BOOK A 1X1 SESSION WITH MARIE